



FRONTIER P s y c h i a t r y

Access to Psychiatric Care for All Montanans by 2025

Montana Mental Healthcare System Sensing Session

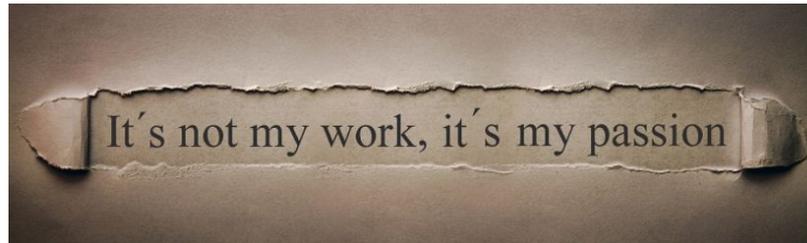
December 8, 2020

About Us: Background

- Founded in 2019 by 3 physician-partners. First patient served in late March 2020 at the Montana State Mental Health Nursing Care Center.
- Staff:
 - 6 Psychiatrists
 - 4 Psychiatric APRNs

About Us: What drives us?

- Accelerate access to psychiatric care. It shouldn't be this hard.
- Deliver care at the time and place that it is needed.
- Build an all-virtual team that is dedicated to serving Montanans.
- Deliver better quality and value to Montana healthcare organizations.
- Provide care in the least restrictive environment.
- Improve the patient experience through timely, locally-informed, culturally competent care.
- Seamless coordination of care with community organizations.



About Us: Founding Partners

Eric Arzubi, MD - Child/Adolescent Psychiatry and Adult Psychiatry

Dr. Arzubi co-founded Frontier Psychiatry in 2019 to introduce an accelerated, more aggressive response to Montana's growing mental health crisis. He served as Chair of Psychiatry at the Billings Clinic for five years, during which time he led the creation of Montana's first psychiatry residency program and Montana's first EmPATH unit for emergency psychiatric care. Before moving to Montana in 2013, Dr. Arzubi spent ten years at the Yale School of Medicine, where he earned his MD and completed post-graduate training in general psychiatry and child/adolescent psychiatry. In 2020, the Montana Medical Association presented Dr. Arzubi with one of its top physician awards, the Doctor Jack McMahon Service to Montana Physicians Award, for his contributions.



About Us: Founding Partners

Reza Hosseini Ghomi, MD, MSE - Neuropsychiatry and Geriatric Psychiatry

Dr. Hosseini Ghomi holds a BS in Computer Engineering from Rensselaer Polytechnic Institute, a MSE in Biomedical Engineering from Johns Hopkins University, and a MD from the University of Massachusetts. He completed a residency in psychiatry and a fellowship in movement disorders and behavioral neurology at the University of Washington. He currently practices neuropsychiatry with a focus on cognitive, memory, and movement disorders. He is also active in engineering and clinic research focusing on using advanced technology such as voice recognition to track and monitor treatment of neuropsychiatric diseases such as depression, schizophrenia, Alzheimer's, and Parkinson's Disease.



About Us: Founding Partners

Robert Sise, MD, MBA, MPH - Addiction, Consult/Liaison and Emergency Psychiatry

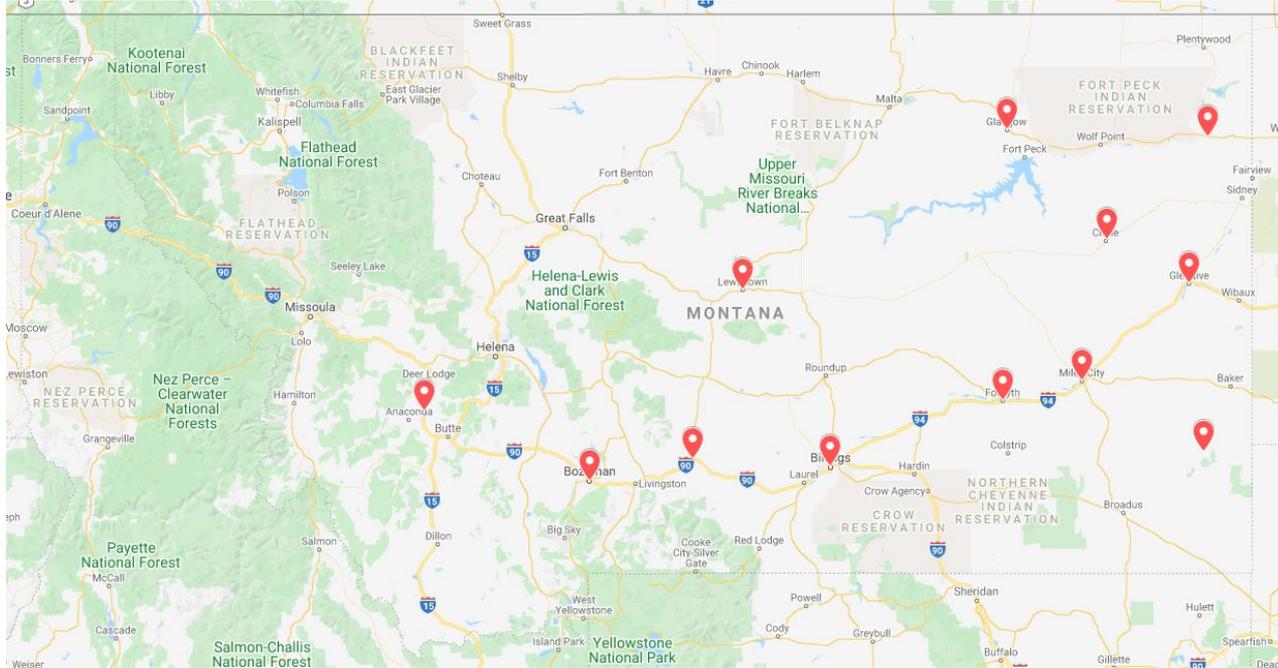
Dr. Sise is an attending psychiatrist at the Billings Clinic in Billings, MT, where he launched an addiction service and serves as the Medical Director for the EmPATH Unit. In June 2019, he completed his addiction psychiatry fellowship at the University of Washington, where he also completed general psychiatry residency. Before moving to Seattle for post-graduate training, Dr. Sise earned his MD at UCSF and his MBA/MPH at UC Berkeley. His interests include the treatment of co-occurring disorders, mental health policy and care delivery system development. He will be joining Frontier Psychiatry full-time in January 2021.



Services

- Direct-to-patient services across the care continuum, including inpatient, outpatient, and emergency settings.
- Accelerate the adoption of Collaborative Care, the gold standard in primary care based behavioral health integration.
- Training and supervision for future psychiatrists, most of whom are likely to provide virtual care as telepsychiatry becomes ubiquitous.

Locations Served



Dahl Memorial Healthcare Ctr
Glendive Medical Center
McCone County Health Center

Frances Mahon Deaconess
Roosevelt Medical Center
Montana State Hospital
MT State Mental Health NCC

EMCMHC
Glendive
Glasgow
Miles City

Alpha House & Passages
Sweet Grass County
Community Crisis Center

COVID-19 Impact

- In many ways, COVID-19 accelerated growth for us
 - Openness to telepsychiatry both from patients and providers
- However, significant delays in insurance processing claims and credentialing (some >120 days)
- Going forward concerns about canceling of COVID supports such as changed to insurance reimbursement for telehealth

Grants to Date - Support during COVID-19

- Covid-19 Relief Funds
 - Business Stabilization Grant
 - Business Adaptability Grant
- Montana Mental Health Trust
 - 1-year funding to develop emergency psychiatric services for Montana hospitals.
- Montana Health Network
 - Critical access hospitals taking a chance with us

Our Vision

- Build an all-virtual team of psychiatrists and psychiatric APRNs who have the skill and flexibility to deliver care across the continuum anywhere in Montana.

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Our Vision

- Ensure representation by high quality providers from all psychiatric subspecialties.
 - Child/Adolescent
 - Adult/General
 - Geriatric
 - Forensic
 - Addiction
 - Neuropsychiatry
 - Perinatal

Coming Soon: Urgent/Emergent Care Service Line

- Create a tiered service offering with differential pricing:
 - 1hr response time
 - 4hr response time
 - 24hr response time
- Offer urgent care services to outpatient clinics and drop-in clinics with 4-hr and 24-hr response times to improve access and reduce unnecessary ED traffic.
- Offer emergent care services with 1-hr response times to improve the patient experience and to boost ED throughput.
- Support crisis response teams across the state.
- Coordinate with inpatient psychiatric units to have a real-time snapshot of capacity statewide.

Coming Soon: Perinatal Consultation Line

- State and Federal funded consultation line will be open to all Montana providers caring for pregnant and post-partum women.
 - Staff by perinatal trained psychiatrists to offer the highest quality care to these patients

Media

- Two Montana Companies Partner to Curtail Rising Rates of Suicide and Mental Health Crisis Statewide
 - <https://eprnews.com/two-montana-companies-partner-to-curtail-rising-rates-of-suicide-and-mental-health-crisis-statewide-466432/>
- Partnership Helps Tele-Behavioral Health Provider Revamp Referral Process, Integrated Approach
 - <https://bhbusiness.com/2020/09/03/partnership-helps-tele-behavioral-health-provider-revamp-referral-process-integrated-approach/>
- Charlie Health offers first virtual group therapy option for struggling Montanans
 - <https://www.explorebigsky.com/charlie-health-offers-first-virtual-group-therapy-option-for-struggling-montanans/36112>